

# A multicenter audit of the antibiotic therapy for *Enterococcus* bacteraemia

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## Introduction

Enterococci are part of normal human microbial flora. They are known as low virulent compared to numerous bacteria but although well recognized in several bacterial infections [1].

Enterococci are innately resistant to cephalosporin and aminoglycosides which are often used in health-care associated infections [2].

Inappropriate antibiotic therapy is an independent risk factor for mortality in enterococcal bacteraemia [3].

The influence of appropriate antimicrobial therapy in enterococcal bacteraemia has not been fully settled.

# Objective

To evaluate the impact of an appropriate antimicrobial therapy in enterococcal bacteraemia on the patients outcomes.

### Methods

<u>Design</u>: retrospective multicenter cohort study in 13 institutions in the South of France, between 1<sup>st</sup> January and 31th December 2016.

<u>Data</u>: we identified *Enterococcus spp.* monobacteriaemia (positive blood cultures) from the laboratory's database. We collected demographic and clinical data, antimicrobial treatment and patient's outcome.

#### Primary outcome:

- Effective antimicrobial therapy: Amoxicillin, Amoxicillinac.clavulanique, Vancomycin, Gentamycin, Daptomycin, Linezolid, Piperacillin-tazobactam or carbapenem
- Appropriate antimicrobial therapy : Amoxicillin, Vancomycin, Daptomycin or Gentamycin.

#### Unfavorable outcome:

- in short term evolution was death or intensive care unit admission (composite endpoint)
- in long term evolution was relapse.

Statistics: we conducted descriptive and bivariate analysis using fisher's test or chi-square test where needed.

### Results

	N = 131	(%)		
Sex				
Man	101	77,1		
Woman	30	22,9		
Age (years-old) médiane [IQR]	76 [69-84]			
Charlson (Médiane [IQR])	3 [1-4]			
Establishment				
Teaching Hospital	49	37,4		
General Hospital	21	16,0		
Clinic	61	46,5		

**Table 1- Patients' characteristics** 

109 infections (83 %) were caused by *E. faecalis* and 13 cases (10 %) were caused by *E. faecium*. 9 infections (7%) were caused by other *Enterococcus*.

	N =	131 (%)		munity- infections	Н	CAI*	Un	known
Urinary	59	(45,0)	13	(22,0)	27	(45,8)	19	(32,2)
Digestive	24	(18,3)	3	(12,5)	14	(58,3)	7	(29,2)
IV catheter	18	(13,7)	0	(0)	16	(88,9)	2	(11,1)
Unknown	15	(11,5)	3	(20)	8	(53,3)	4	(26,7)
Endocarditis	6	(4,6)	2	(33,3)	2	(33,3)	2	(33,3)
Orthopedic	3	(2,3)	0	(0)	0	(0)	3	(100)
Pulmonary	3	(2,3)	1	(33,3)	2	(66,7)	0	(0)
Urinary or pulmonary	2	(1,5)	1	(50)	1	(50)	0	(0)
Dental	1	(0,8)	1	(100)	0	(0)	0	(0)

<sup>\*</sup> HCAI = Healthcare associated infections

**Table 2- Infections' localisations** 

#### **Empirical antibiotherapy**:

Monotherapy: 10 lines, bitherapy: 19 lines

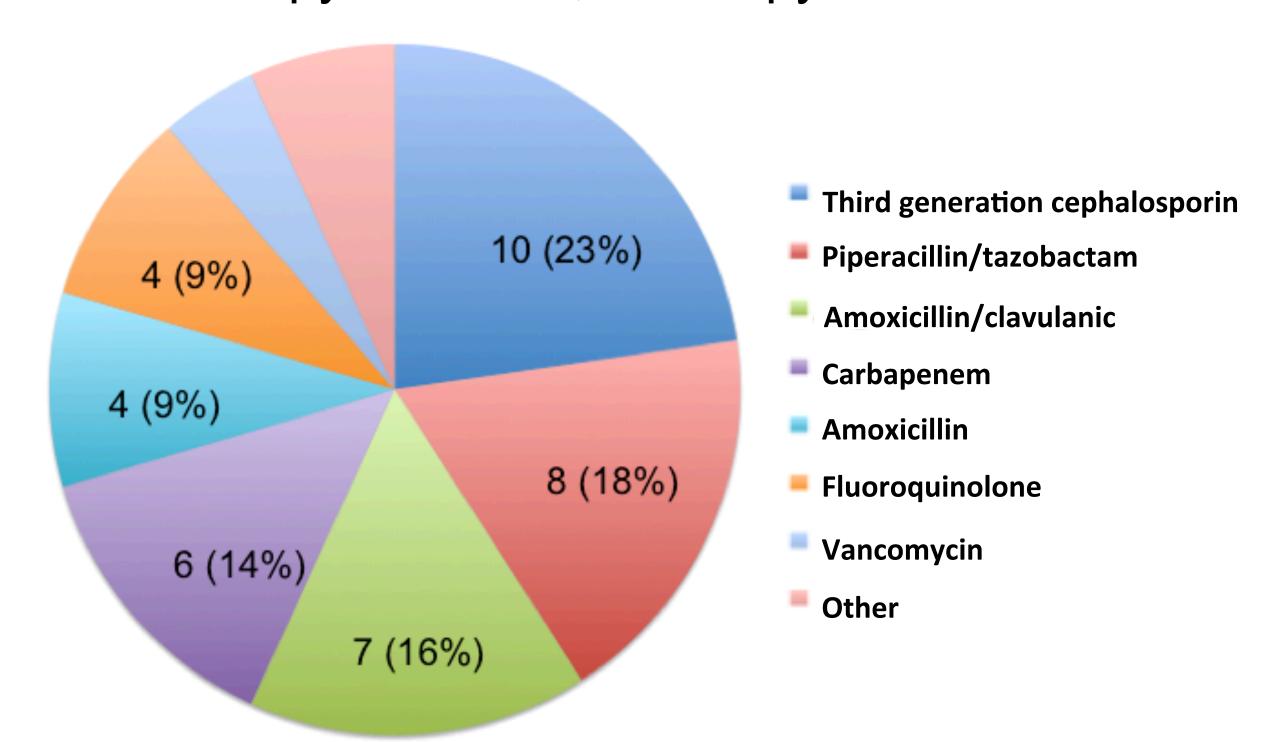


Figure 1 – Monotherapy probabilist antibiotherapy

44 (33,3%) have been considered as non effective and 65 (49%) as effective.

#### **Documented antibiotherapy (DA)**:

Non treated: 3, Monotherapy: 76, Bitherapy: 32

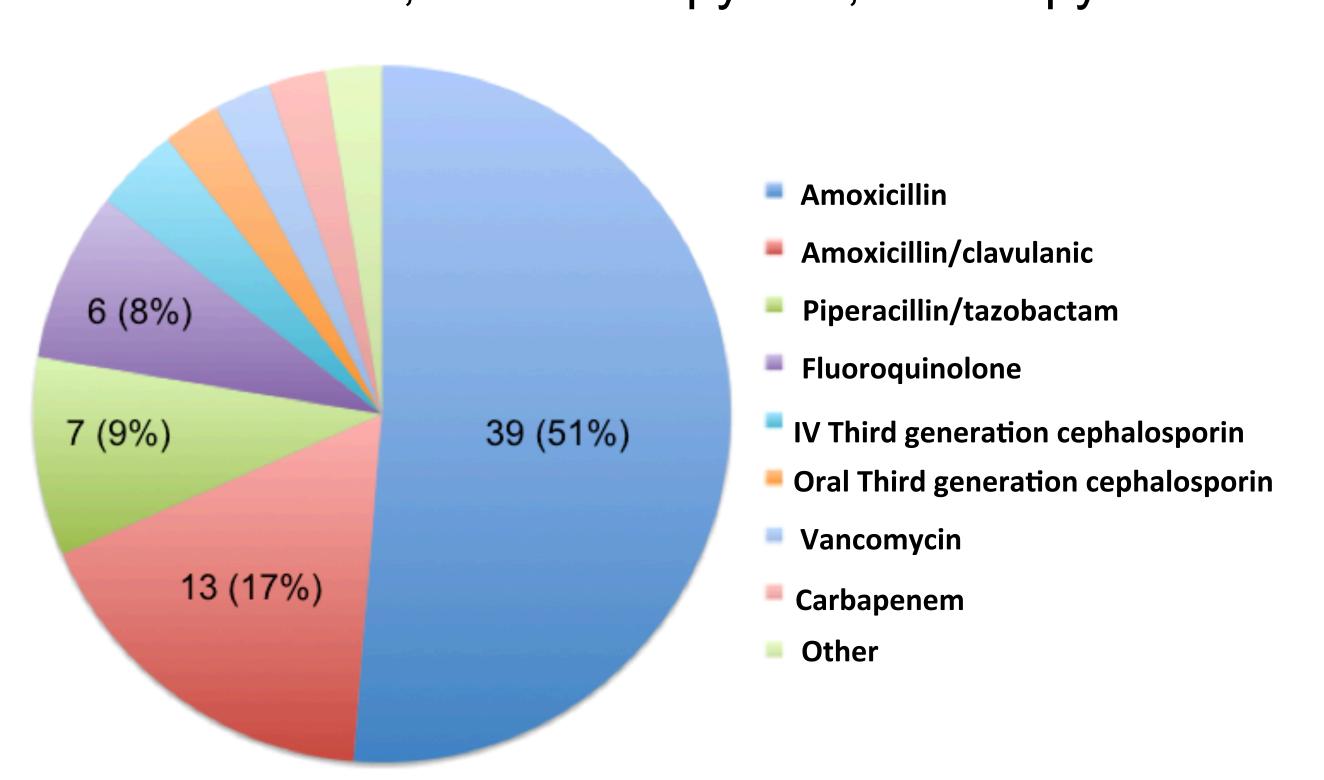


Figure 2 – Monotherapy documented antibiotherapy

94 (71,2%) received effective treatment and 17 (12,9%) non effective treatment.

Of the 94 patients who received effective therapy, 63 (67,0%) were appropriate and 31 (33%) were non appropriate.

#### Outcome:

Short term evolution: death and intense

care unit admission N = 27/131 (20,5%)

Long term evolution: relapse

N = 14/112 (12,5%)

	Sh				
	Favo	rable	Unfa		
	N =	%	N =	%	p-value
DA amoxicillin +	39	90,7	4	9,3	0,020
DA amoxicillin -	41	69,5	18	30,5	0,020

	Relapse				
	Yes		No		p-
	N =	%	N =	%	value
DA amoxicillin +	8	21,6	29	78,4	0,132
DA amoxicillin -	5	12,8	34	87,2	0,102

Table 3 - DA with amoxicillin and association with the evolution

### Conclusion

Enterococcal bacteremia is associated with a high proportion of inappropriate empirical therapy. Not receiving amoxicillin as a documented treatment was associated with an unfavourable outcome.